

SUN 9 FEB, 8PM

THE BEST OF THE KENDAL MOUNTAIN FILM FESTIVAL 2019 (Advised Cert 15) 150m

PROGRAMME

THE FLIP (3')

What drives us to step beyond the bounds of what we know even when the stakes are high, possibly fatal? French Skydiver Remi Angeli must face his fears in order to explore new expressions of movement while BASE jumping in Mexico. On the other side of his fear he discovers life in its purist form. *Mexico Director: A Reed Ricket*

HOW NOT TO CAPTURE THE GRAND CANYON (17')

What a young (over confident) videographer learned while trying to capture the Grand Canyon from a boat. *USA Director: Max Romey*

PACIFIC LINES (24')

A story of cultural identity and rock climbing exploration as we follow one of Australia's top rock climbers – 14 year old Angie Scarth-Johnson – on an adventure to a remote and rugged island in the South Pacific. After smashing climbing records around the world, Angie is now looking for her next challenge. She will journey to the Pacific island of 'Eua with her family and friend Lee Cossey to explore her own ancestry, and search for a classic line on the wild frontier of rock climbing development. PACIFIC LINES is an inspiring, heartfelt and funny documentary about one of the most human subjects – identity. By exploring her family's past, she can forge her own path ahead. A Side Trip Productions and Resonate film - Directed by Brett Williams and Simon Waterhouse. Presented by The North Face. *Australia and Tonga Directors: Brett Williams and Simon Waterhouse*

THE RUNNING PASTOR (8')

A story about Sverri Steinholm, a Faroese trail running pastor that explores the relationship of his spirituality both through his experiences in the outdoors and in a traditional "church" / community. Sverri is an avid runner — both on the roads and 'in the fields' as he says — who uses his time on the trails to work through not only his personal conflicts, but the conflicts of others he often is burdened to bear being the local Pastor who must keep everyone's secrets. *Faroe Islands Director: Tim Kemple*

CHARGE (4')

Question: what do you get when you drop four top freeskiers and a world champion drone pilot at Chatter Creek, British Columbia, for a week and instruct them to charge as hard as they can, every day? Answer: unique footage of next level skiing from a world-class skiing area, with trees, chutes, steeps, flips and unlimited powder... *Canada Director: Mike Douglas*

THE HOME FOR BROKEN TOYS (24')

Every weekend through the winter, a group of middle-aged men, who dub themselves the East German Ladies Swimming Team, plunge into the freezing waters of a pond in central London. 'The Home for Broken Toys' follows the team through one season to explore their motivations for braving the extreme cold each week, a decision which seems alien to the filmmaker. The reasons she discovers are by turns comedic, poignant, and profound. *UK Director: Holly Butcher*

LIFE OF PIE (12')

When Jen and Anne arrived, Fruita was still underground as far as a mountain bike destination, but now it's as renowned to cyclists as Moab, UT. Unlike Moab, Fruita isn't just known for its riding – you go there to eat hot pie. Jen and Anne weren't shy about using their lesbian innuendos to sell pizza, even from the beginning. Slogans like 'friends let friends eat hot pie' and 'we snatch kisses and vice versa' were on free stickers by the cash register even when Fruita wasn't quite ready for it. Jen is a former competitive BMX rider and World Cup downhill mountain biker and Anne is a contributing photographer for *Bike* magazine, so when they're not slinging pizza until they literally run out of dough you'll find them out riding their favourite loops with their dogs. *USA Directors: Ben Knight and Travis Rummel*

SPIRIT (18')

When Saraswati arrives as the first educated daughter-in-law in a Himalayan village, she wonders how she will ever feel at home. But faced with the scepticism of an older generation of women, she grows determined to succeed. As the village's ten-day Pandav Lila festival approaches, the film offers a window onto the everyday work and spiritual practices that bind people to each other and the land. An intimate story of longing and belonging in India's sacred mountains, 'Spirit' explores what it takes to make a home in a remote community in the thralls of change. *India Director: Jane Dyson*

LIMITLESS (10')

LIMITLESS chronicles the story of Jezza Williams, from life as a rogue adventurer to a life-changing accident that left him a C5 tetraplegic. Positivity bursts from every fibre of his being. He's been to some dark, wild places yet it seems the journey is just beginning. He now runs an inclusive adventure tourism business who's mission is to make adventure sports accessible to all. *New Zealand Director: Hayden Griffith*

BOYS FROM THE BACK OF BEYOND (13')

They say it takes a village to raise a child... But it takes an extraordinary village to raise a pair of Olympians. In 2016 brothers Gary and Paul O'Donovan became the world's unlikeliest Olympic heroes when they won Ireland's first ever rowing medal. Hailing from tiny Skibbereen, west Cork, this is the uplifting and comedic underdog story of how a rural community took on the elite sport of rowing. *Ireland Directors: Jonny Madderson and Jono Stevens*

ULTRA ADDICT (11')

In 2018, Courtney Dauwalter battled for two days and 205 miles on the steep, dry Tahoe Rim Trail. Lack of sleep, race mishaps and a relentless competitor pursued her as she was pushing her limits, running towards the overall victory. You can learn a lot about yourself when a race goes well, but you can learn even more when it all goes sideways. *USA Director: Max Romey*